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ABOVE: Paul Makin of Channel Seven's 'Today Tonight' filming Peter Squires and cousin, Coorong District Council Mayor, Neville Jaensch, both of Tailem Bend, for the segment 'Waving for Wellbeing'.



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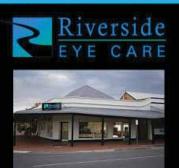


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Waving for Wellbeing

With six locals taking their lives in the past eighteen months, Tailem Bend's 'Waving for Wellbeing' committee hits the ground running after their innovative mental health campaign is aired on Channel Seven's 'Today Tonight', Wednesday June 21, 2017.

South Australian presenter Paul Makin, a media veteran of over forty years, is extremely proud to be witnessing the birth of what could become a national mental health initiative, started from the simple act of waving and greeting one another on the streets of Tailem Bend.

Whether it be waving to a friend, a tourist, your neighbour or colleagues, or even your fans - the act of greeting someone with a "Hi", "Gidday" or farewell with "See Ya", "Take care" or even a "Cheerio for now", brings a smile to the face and makes one feel needed. Like a barrier to heart felt communication, finding the right words can sometimes be difficult and sometimes words don't seem to be enough, but a gentle touch, holding of a hand or a simple wave can do wonders.

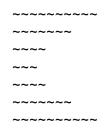
With our world getting faster and even more demanding, the simple act of waving can make us all feel better - when we see others waving, greeting one another with a smile and a 'Gidday', we all feel part of something much bigger than ourselves.

With so many in the Community affected in some way by suicide, depression or anxiety, a simple wave can do so much for our well being - get on board now and wave - the more often you do it, the easier it becomes.

If you would like to lend a hand to the 'Waving for Wellbeing' committee contact the committee on 0413 645 099.

Story and Images by Glenn Power







BELOW:

Bec Nagel and her family of

Tailem Bend, waving for wellness. ~~~~~





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The Changing Face of Tailem Bend #66

At its peak, the Butter Factory was one of the success stories of Tailem Bend. It was situated west of the Town on the cliff top adjacent the freeway, where much development has now taken place on the site. The factory opened in 1924, with Mr HH Bromley - Manager. The Railways played a significant role in the progress of the Butter Factory, transporting cream from farmers around the district and soon the Factory was producing cheese and butter.

In the late 1940's the factory was upgraded, in the 1960's road transport was important and it meant cream came from further away, such as Meningie and Coonalpyn. Then in the 1960's the River Bend Co-operative Trading Company was taken over by Hall-Sandford. In 1966, the manufacture of butter was ceased and cream was sent to Adelaide, leaving only skimmed milk and butter milk being produced locally. The Factory closed down in 1974.

PHOTO BELOW shows employees with Mr Bromley in the back row, far right.

Mr Bromley was also in charge of the 'Pictures' shown in the Town Hall - this was certainly the main mode of entertainment right up to the early 1960's, when TV took over. Screenings were every Saturday evening and sometimes Wednesdays, which always saw the Hall packed out. When asked, we always said we were going to the 'Pictures' or the 'Flicks' - never the Movies or the Cinema, that just wasn't in our vocabulary.

Mrs Bromley sat at a small window at the front of the Hall selling tickets to patrons gathered on the footpath. Mr Bromley manned the door which is still there near the toilets - he made sure no one entered from that side without a

ticket. He certainly had his hands full as right down the front were four or five rows known as the 'Spits'. These were the cheapest and the noisiest seats, mostly occupied by school age boys who gave 'Brom' a hard time, he was quick to respond however and a tap on the head with a torch soon quietened things down.

Les Lynch and Ray Bartlett were in charge of the giant projectors that beamed down from where the technology We did get a fair share of technicolour is situated now. films and nobody cared too much what was showing - it was just a good night out. I remember a couple of famous occasions; one was when the circus film The Greatest Show on Earth was played to a full house for quite a few weeks straight. Another was when it was flashed up on the screen that champion Olympic runner Marjorie Jackson and her husband Olympian cyclist Peter Nelson were in the house! Of course they were welcomed with a mighty roar, it was 1953 and the couple were on their honeymoon and chose to drop in. I don't know what the film was, but I do know that nobody cared.

Following a story a couple of editions back about Mr Tucker pumping out railway houses' septic tanks, it was put to me that it was not Mr Tucker but Mr George Edwards, who lived on the cliff top roughly opposite the Primary School. So with Marcus Reseigh's approval, I will leave the first half of the story with Mr Tucker and finish with Mr Edwards.

Arriving at the house, the gates would be pushed wide open and Mr Edwards would guide his horse and dray along the drive, past the house and into the back yard. He maneuvered the large dray next to the septic pit, then he would set to work.

RIVER BEND CO-OP-TRADING CO LTP.

A couple of long wooden sleepers had to be removed from the deep pit. The jarrah railway sleeper discards covered all the septic tanks in every back yard of the railway town. The long black rubber hose was carefully lowered into the bubbling morass, the hand pump with its sturdy base plate was perched atop the remaining sleepers while the other hose arm ascended to the dray and into one of the many drums waiting expectantly.

A finger smear of grease to lubricate the primitive parts of the pump announced that that the pumping process was about to begin.

Some of the small boys took over the pumping while Mr Edwards moved the hose from one drum to another and also found time to roll a cigarette and have a few puffs. (I wonder if he washed his hands before rolling his ciggie! ED.)

The Changing Face of Tailem Bend #66

Few remember when Mr Edwards stopped coming to pump out our septics, perhaps we all grew older or possibly Mr Edwards retired or worst of all, died? Maybe it was due to the barrel shaped cement tanks that appeared in every railway cottage backyard. I suppose his horse got old too and was replaced with a motor lorry which could go faster, carry more and not have to be looked after.

No doubt a smelly job, but one that had to be done and certainly part of our history, thanks to Marcus Reseigh.

Oh! I forgot to mention, while this was all going on, the horse was happily munching from the chaff bag hanging over his shoulders!

I have included a photo of extensions to the Shell Roadhouse with the Tower providing a spectacular back drop (<u>BELOW</u> <u>RIGHT</u>). Also one of Milton Reseigh off to tennis wearing a blazer, unheard of nowadays!! (<u>BELOW</u>)

Another photo (ABOVE RIGHT) shows a cyclist entering the main street from the western end, the first block of shops a Chemist, a Delicatessen, Barber Shop, Ballard's Electrical, plus a private home out of the picture were all demolished to make way for the Shell's parking bay. Now taken up by Semi's.

Next month we have a good look at the workings of the Repeater Station, Midwife Mrs Murphy and her husband. Also to come, some interesting stories on the racecourse and the sale yards.





See you then, ~~~~

Peter Connolly.





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Tailem Bend Footbal Club

Premiership Reunion

Saturday, June 3 and Sunday, June 4, Tailem Bend Football Club celebrated the Premiership years of 1947, '62, '72, '92 and '97. Patrick Connolly the only surviving member from the successful

1947 team, travelled from Sydney for the day! It was a great weekend with lots of memories shared and stories told.

Culture/Leadership/Connectedness

The Tailem Bend Football Club is partnering with the Coorong District Council on a pilot project aimed at strengthening the social connectedness of members, in defining club culture, strengthening leadership, and providing the opportunity for club members to undertake mental health first aid training.

The rationale behind the project is that sporting clubs play an integral role in the general wellbeing of community members in small country towns. People in rural communities, in particular males, are at a higher risk of mental illness and good relationships are a protective factor in reducing the risk of mental illness.

Social connectedness is the measure of how people come together and interact. At an individual level, social connectedness involves the quality and number of connections one has with other people in a social circle of family, friends and acquaintances.

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or just call in when the office is open at 6 Cypress Street TAILEM BEND After hours appointments available On Tuesday, May 23, members of the committee and the leadership group were involved in a productive session led by Coorong District Council's Senior Community Development Officer, Sheridan O'Brien and Club President Terry Connolly. The group was involved in a series of exercises that identified values that are important and unique to the football club.

A follow up session is planned, in which the group will collectively write a plan for the future.

In addition to this, a Suicide Prevention Day is planned for Saturday July 1, when Tailem Bend hosts Mannum. All senior players will wear yellow socks to raise awareness and encourage people to connect with people they care about.

South Australian Police (SAPOL) Presentation

SAPOL held a road safety awareness information night at the Club Thursday, June 15.

The presentation was for all members of the community aged 18 years and over and the objectives of the program are:

- 1. Increase the knowledge and skills of all road users in road safety
- 2. Influence attitudes and change behaviours
- 3. Reduce the number and severity of road crashes
- 4. Create awareness of the fatal five: *Speeding *Drink and Drug Driving *Distractions *No Seatbelts *Dangerous Road Users
- 5. Reinforce positive attitudes towards road behaviour

Dates to put in your diary

- July 1 TBFC v Mannum "Suicide Prevention Day:
- July 22 Imperials v TBFC "Leahy/Kneebone Cup"
- August 5 Indigenous Day TBFC v Meningie

Specially designed Guernseys' will be worn by the players for the Reunion & Indigenous games and will be auctioned post-game.

Go You Eagles! Terry Connolly - President - TBFC

BELOW L-R: 1972 Dennis Northcott, Kevin Kropinyeri, John Connolly, Terry Connolly, Peter Connolly (Secretary) and Robbie Hales.



TBFC Premiership Reunion



ABOVE L-R: 1962 - Kevin Kropinyeri, John Connolly, Rob Hughes, Michael Langcake, Trevor Koop, Brian Hughes, Robbie Hales (son of Secretary Sen Hales), Rodger Hurle, Keith McFarlane and Peter Connolly.





BELOW L-R: 1947 - Paul Downs (grandson of Richard Searle 1947 Premiership Captain) John Robinson (son of Graham Robinson 1947 Premiership player) Kevin Kropinyeri (son of Dick Kropinyeri 1947 Premiership player), Todd Downs (grandson of Richard Searle 1947 Premiership Captain) Sharon Downs (daughter of Richard Searle 1947 Premiership Captain), Rene Lynch (wife of Les Lynch 1947 Premiership player), Patrick Connolly (1947 Premiership



ABOVE L-R 1997 - Shane Peach, Matt Connolly, Noel Hartman, Todd Downs, Paul Downs, Tony Hughes, Justin Connolly, Andrew Hansen Gary Peach (Coach) and Ally Clarke (President).



BELOW: Connolly brothers re-enacting a 1962 photo BACK L-R: Peter, Jim Bob, Laurie. FRONT L-R: Pat, Terry, Greg, John.

<u>BELOW L-R 1992</u> - Phil Gogel, Noel Hartman, Todd Downs, Paul Downs, Justin Connolly, Duane Edwards, Tony Hughes, Andrew Hansen, Randall Cocks, Bret Tomkinson, Greg Connolly (President), and Gary Peach (Coach).









Rotary Club of Tailem Bend

Music Hall

The storage of Music Hall equipment, props & costumes is always an on going project for our Club. At moment, we are getting ready to line the 'old' shed ready for storage of

all our costumes. Hopefully, this will be done before we have to store this year's equipment. Plans are well underway for this year, rehearsals are going well. Tickets will be available soon – show dates Sun 6th, Wed 9th, Fri 11th & Sat 12th August.

Community Grants

Each year our Club gives grants to local organisations to assist with projects. Recent grants have been allocated to:

Tailem Bend Netball Club \$2000 to help with work on a new clubroom, changing facilities and canteen;

Tailem Bend Tennis Club \$2000 to help with provision of new floor coverings in their clubrooms.

Congratulations to these Clubs.

Membership

If you are interested in providing community service or just want fun & fellowship opportunities, you are welcome at any time. For more information, contact any current member, our website www.tailembendrotaryclub.com or our Facebook page.

Youth Program

Each year Rotary runs RYLA (Rotary Youth Leadership Awards) for young adults featuring focus topics such as:

the nature of leadership; effective communication; public speaking and creative thinking.

Participants of RYLA attend informative sessions and gain passion, skills and Rotary values that will take them far beyond the reaches of the program. If you are interested, please call Sue Piggott 0439 723 998.

Submitted by Leeann Jones





<u>Music Hall Rehearsals</u> are well underway with cast members already oiling up their voices and dusting off

their wands for what will be another very entertaining annual event. This years theme - MAGIC!

<u>Dates:</u> August 6, 9, 11 & 12. Tickets available at Hughes' Newsagency and onlline: www. ilembendmusichall. com

BELOW: John, Kevin and Robin working on the Music Hall storage shed.







Tailem Bend Lions Club

June saw the Tailem Bend Lions hold a clearance sale in Sherlock at a property, where the profits of the day were donated back to the Tailem Bend Lions - over \$1000 was raised and this

money will be put towards future community projects.

Our combined handover luncheon with Karoonda was held at the Riverside Hotel, Sunday, June 25. New Tailem Bend Lion President, Joyce Holmes was inducted in, along with her new Secretary, Raylene Thomas and continuing Treasurer, Lyn Simcock. We wish these three ladies well in their roles.

Tailem Bend Lions would like to thank past president lan Eckermann for his great service over the past two years.

We will also be holding another Den Sale, Saturday, July 15 July at the Tailem Bend Lions Den, so come along and grab a bargain and purchase one of our famous Egg & Bacon sandwiches, fresh off the bbq.

Honey is available from Lions Reuben Gurney 8572 4730, Marion Martin 8572 4785, Margaret Eckermann 8572 3850, Raylene Thomas 8572 3367 and Dwayne Thomas 8572 3367.

If you would like to Assist your community valuable in the that work Lions do, please contact President Jovce Holmes 8532 4372, or Past President lan Eckermann 8572 3850. regarding becoming a member or assisting with any of our individual projects.

Submitted by Dwayne Thomas



TB Golf Club Report

Another month has gone and numbers are well up. Two rounds of the Nigel Kiddie handicap has been played – results are:

Round 1 David Robson Nett 66

Round 2 Michael Clark on countback Trevor

Coombe Nett 66

Tuesday golf is still popular with good fields as well as good scores.

Rob Hales	40 points
Monty Jaensch	40 points
Rob Hales	40 points
John Sparrow and Gus Leighton	43 points
	Monty Jaensch Rob Hales

Dates to remember: Ladies Open – July 7, Men's Open – July 9, Smedley Day – Sunday August 13

Dust off the cobwebs on your golf gear and get your team organised for a great Smedley Day!

The golf club relies heavily on volunteers to carry out a myriad of tasks and we are always looking for more, so if you have some spare time during the week please contact us. We will need all hands on deck leading up to the Open to give David Jaensch a hand. The current condition of the course is a credit to him.

Just a reminder that the pug marks on the green are not being repaired – if you don't have a repairer, please see the Captian.

Come and enjoy good golf and good fellowship.

Captain - Terry Haydon

Bowling Club Report

Weather permitting the green is open on Wednesday evenings from 4pm to 5pm for anyone who would like to have a roll up.

Everyone is welcome.

The Club has decided that from June 25 the price for our Sunday Lunch will now be \$15 per person (2 Course Meal, plus Tea/Coffee) with a door prize.

To help with catering please make a booking Phone Isobel Koop 0408 839 090.

Submitted by Trevor Koop.



Reconcilliation Week



IMAGES THIS PAGE: As part of Tailem Bend's Reconciliation Week, Doug Stilgoe of Tailem Bend Photography Group captured these images of Welcome to Country, by Uncle Major Sumner, prior to the screening of "Black Screen" Friday, June 2, 2017, in the Tailem Bend Town Hall.

Patrons enjoyed a soup and damper tea beforehand, which was provided by Coorong District Council.

Sorry, no names were supplied - ED.



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Healthy Happenings

Coconut Kefir & Yoghurt Class Carmen Bubner ND

REMEDY BLISS will be back in AUGUST to share her immense knowledge of promoting gut health. REMEDY will be running a Coconut KEFIR and yoghurt class in Murray Bridge on Sunday, August 20. (Location to be advised)

We all know the importance of having good gut flora (friendly bacteria), many of us regularly take probiotics especially after a course of antibiotics. Probiotics can be quite costly to take frequently, besides there is a more nutritional way to improve our gut flora at home. This can easily be done by making our own Coconut Kefir and Yoghurt.

Regular consumption can assist in improving your mood, immune system, digestive system and nervous system, regulating blood pressure, blood sugar and cholesterol.

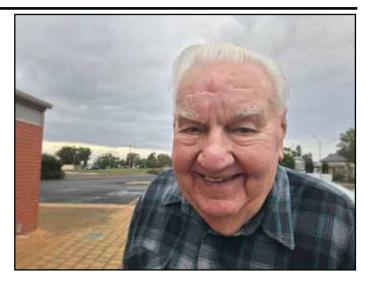
KEFIR literally translates as "FEEL GOOD" and over a small amount of time you notice big changes in your digestion, energy levels, immune health, and brightness.

KEFIR is the most refreshing, revitalizing & hydrating beverage on the planet! In Remedy's class we crack coconuts, create KEFIR and YOGHURT whilst exploring various flavours and ways of increasing the medicinal & healing value of KEFIR.

For those who prefer the convenience of fermenting store bought CARTON COCONUT WATER, we also demonstrate how to successfully achieve a ferment this way. Remedy looks forward to sharing this amazing knowledge and practical skill with you in August.

If you would like more information on this informative class please contact myself directly on 438178861, or visit Remedy Bliss website (remedybliss.com).





Larger than life railwayman, Big Charlie Spelmanis of Tailem Bend, leaving the Town's Library after his Tailem Bend Historian's Digital Memoir recording, Friday, June 16,2017.



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Health and Fitness

ABOVE: Kaye Bartlett of Wellington, about to swing her spade during some regular maintenance at Pangarinda Gardens, Wellington, Saturday, June 17, 2017.



Another Three Ways to Manage Your Weight - Pt 2

You've heard that managing your weight is all about the lifestyle, and not the quick fix, so this month I'd like to give you three habits that fit people have. Continuing on from last month's article, the following three habits are held by successfully fit people...wonder if you could apply a few to your own life...

4. Eat and Sleep Well

Study after study has shown the benefit of eating whole, unprocessed foods. It provides energy and strength, helps you feel full throughout the day, and makes your time in the gym as fruitful as possible. Getting good sleep is equally as important, as it keeps all your bodily systems in rhythm. Put these two fit activities together and you're well on your way to optimal fitness.

5. Track Your Progress

For some, keeping tabs on health progress is about as exciting as watching paint dry. Once you get into the routine, however, you will become a believer in the power of tracking your progress. Tracking serves to both reward and motivate you, as you see that the countless hours in the gym and smart food choices lead to a healthier weight and greater strength—a.k.a. better overall fitness and health.

6. Think While You Exercise

It can be easy to mindlessly run on a treadmill at the gym if you're not careful. Just remember that fit people don't do such a thing. They're very intentional about everything they do at the gym. This means if you want to be fit, you should put some brainpower into what you include in your workout and how you perform each repetition. This allows you to get maximum benefit from your gym time and reduces the risk of injury.

Submitted by Neil Mountstephen Tailem Bend Fitness

12

This Month in the Garden

When you look outside this time of year the last thing you feel like doing is standing out in the cold, wet and windy weather, especially if you live in the cooler areas. Don't let this put you off. There is so much to do in the garden and a lot more to do in the garden shed. Get off the couch and put on the thermals, the beanie, a coat and your gumboots and warm yourself up with some winter garden love.

Of course, the following is just a rough guide, and many of you will find your situation varies from the above listing due to microclimates created in your garden, location in relation to your nearest major city, extremes of weather and garden type. But the one thing that remains the same for all zones and regions is this: improve your soil by adding organic matter, mulch and no matter the season, we can all garden more sustainably all year round.

TOOL TIME

Why not head out to the shed, and sharpen, clean, oil and maintain your garden tools. Sounds tedious, but it's really rewarding, and will save you cash in the long run. Practicing tool hygiene will prevent the spread of disease.

MULCH YOUR BEDS

Top up mulch on your veggie patches, herb gardens and ornamental beds. Choose sustainable, low environmental impact mulch, one that will enrich your soil as it breaks down. If in the southern states try to avoid Sugar Cane as it would have a high carbon footprint due to transport.

GREEN MANURE

Green manure crops are good to go now... improve that dormant veggie patch. In cooler to temperate areas you can use crops like faba beans or field peas and for warmer areas try mung beans. Remember to chop and drop them before they flower. Pruning & Weeding Pruning and weeding is a great job to do at this time of year. Deciduous fruit trees love a big old haircut now, except your apricot!

TEMPERATE AREAS

Occasional winter frosts (pretty much most of the inland, some areas of Victoria, most of SA and the southern area of WA)

There's not too much happening in the veggie patch, but you could try lettuce, celery, broad beans, Jerusalem artichokes (put them in a pot or they can take over), potato, garlic, radish and spinach.

Many ornamental and fruit trees are ready to plant now, so try figs, pistachios, bare-rooted roses and vines (non-invasive of course

(Material sourced from SUSTAINABLE GARDEN-**ING AUSTRALIA website**)

As always, remember to visit your local nursery or garden centre for all your gardening needs, tips and advice.

Happy Gardening!



Submitted by Barbie Power





Probus Report

JUNE 2017

President Neville Medlow welcomed 19 members to the meeting on 19th June and Treasurer Gordon LeGallez reported that the Club is still in a financially

healthy condition. At the next meeting, two new members will be inducted.

Members breathed easy when they learned that Sheriff Tobiasen was unable to attend, so no fines were issued.

Copies of the Probus Tailem Bend amended By-Laws, with a few minor changes, were provided to all members. Secretary advised that a copy has been posted to Head Office.

Following the next meeting on Tuesday 18th July the club has been invited to join members of Meningie Probus at the Riverside Hotel to help them celebrate their birthday.

Ex-loco driver, Ray Bolt in the "Show and Tell" segment showed an interesting "gadget" called a Rolling Stock Flange Gauge and explained its function.

GUEST SPEAKER

Guest Speaker Organiser, Peter Connolly, introduced well-known identity and Co-ordinator of Tailem Bend Community Centre, Tammy Shepherd.

Tammy delivered an impressive and articulate presentation and spoke with well-deserved pride about the success achieved by the Centre in its 30 year history - in particular in recent years. Tammy is supported by an enthusiastic team of voluntary workers and she mentioned how Tailem Bend has a much higher percentage of volunteers than most country towns, a true indication of the character of the people of our town. Tammy described our town as having a "very impressive community spirit".

The Centre has introduced many initiatives and is now regarded as the "model" for what community centres should be. So far similar centres have been unable to match Tailem Bend's performance. As well, Tammy's talents have put her in constant demand as a guest speaker and an advisor at many other centres aiming to improve their own centres. Our own Centre is about to expand its activities to include several other towns, one being Murray Bridge.

She mentioned the problems and frustration often created by Government bodies which were "making things more difficult".

Our Community Centre provides vital community

services catering for people of all ages. Having a larger percentage of older people than most country towns, the centre provides valuable services to our older citizens, including a wide range of courses.

Tammy, in her address demonstrated that she is a highly competent, enthusiastic and knowledgeable co-ordinator with an in-depth knowledge of all relevant legislation.

Peter Connolly made the comment that despite all the doom and gloom painted by sections of the media, that there is a "lot more good in this world, than bad".

Tammy's superb address was warmly applauded and Ron Whibley presented her with a "Certificate of Appreciation".

Despite already boasting a long list of volunteers, anyone interested in joining Tammy's team would be very welcome.

Probus Tailem Bend is an organisation dedicated in fostering friendship and goodwill within our community. Why not join us?

Submitted by Bob Shurville

BELOW: Tammy Shepherd holding her Guest Speaker "Certificate of Appreciation" presented to her by Senior Probus member, Ron Whibley.



Highway Appeal Looking Up



ABOVE: Robert Hughes of Tailem Bend proudly leaning on his spade, at his family's highway rock garden, Wednesday, April 4, 2017.

With the daily construction progress at The Bend Motorsport Park, Tailem Bend locals seriously begin to look at their highway appeal to passing traffic and tourists.

Feeling the town's pine post, wire and garden hose barrier fences are well past their use-by date, Rob Hughes of Tailem Bend is taking the lead with his family's Princes Highway rock garden.

"The garden hose barrier fences (PICTURED RIGHT) were a good economical idea at the time, but as they're starting to fall apart, now is a good time to look at what can be done to improve our town's curb appeal," Robert said.

Questioning the Department of Planning, Transport & Infrastructure (DPTI) and the Coorong District Council about the state of the barriers the DPTI confirmed that the DPTI is responsible for maintaining the fences within the highway median strips and the Coorong District Council is responsible for the fencing running along the service roads.

The DPTI said that they are currently removing the fences, as they become damaged, along Tailem Bend's Princes Highway median strips, however, they do not have any plans to replace the fencing at this time.

The Coorong District Council's, Director of Infrastructure and Assets, David Mosel, confirmed that the fencing, adjacent to the highway is indeed under their care and control, however any changes or alterations must be done in consultation with the DPTI - and immediate changes are currently being considered with alternative measures and materials.

"Ongoing and more permanent changes are being considered as part of the Tailem Bend Streetscape Study Plan with the plan

likely going out to consultancy within six weeks," David said. "However, the extent of works undertaken relies on our ability to gain external funding and favourable ratio matching funding contributions."



So with this in mind, please feel free to report any broken

or damaged barrier fences along Tailem Bend's Princes Highway median strips to the DPTI and hopefully we'll see the culmination of the Coorong District Council's streetscape plans

In the meantime, if you wish to move things along personally, possibly with your own beautiful highway garden, **like the one pictured left**, feel free to contact Tailem Business & Tourism member Glenn Power on 0413 645 099.

"Maybe a family could adopt a barrier rock and maintain their own personal highway garden," Glenn said.

Coorong soon.

In the me personal highway feel free member

"Maybe a maintain Glenn sa

Words and Images by Glenn Power



Tailem Bend RSL - Sub Branch

RSL LOCATION

2 Seymour Street, Tailem Bend

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#### TAKE AWAY MEALS

We provide take away meals on Friday nights if we have

surplus food. Takeaway packs are only \$5 each with the purchase of a full priced

Meal and are a delicious, convenient meal to save you cooking the next day!

**BOOKINGS:** 0417 899 285 or 0417 869 096 - or our new Facebook Page.

www.facebook.com/TailemBendRSL



#### **FUNCTIONS**

Did you know the RSL Hall is available to Hire? We can host meetings, social gatherings and a whole range of functions, either catered or not catered, with full bar facilities.

8 Ball Table & Dart Boards Available.



Contact us for more information, menu ideas and bookings: 0417 899 285.

#### **OUR PHONE**

Please bear with us while we sort out our ongoing phone issue - our President can be contacted directly on 0417 869 096. We thank you for your understanding.

#### TAILEM BEND RSL – JULY MENU

#### \$15 Main & Dessert & \$7 Kids Menu

Friday 30 June - Roast Beef, Potato Bake & Vegies. Upside down cake

& Custard

Friday 7 July - Bangers & Mash with Onion Gravy & Vegies. Pavlova with Berries.

~~~~~~~~~~~~~~~~



XMAS IN JULY - BOOKINGS ESSENTIAL

<u>Sunday 9 July</u> - Roast Turkey, Gravy, Baked Vegies. Christmas Pudding & Brandy Custard

Friday 14 July - Chicken Schnitzel, Gravy, Chips & Vegies. Homemade Vanilla Slice

Friday 21 July - Fish 'n' Chips, Various Salads Lemon Meringue Pie

Friday 28 July - Rustic Meatloaf, Gravy, Mashed Potato & Vegies. Cheesecake

Friday Night Meals are from 6.30pm Sunday Lunch is from 12.30pm

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75 Railway Tce, Tailem Bend

Email: tailembendpharmacy@yahoo.com.au

# Webster Pak Home Medication Review

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# **Tailem Bend Primary School**

Newsletter Issue No 10 – Term 2 Week 7, 2017 Principal: Mr Travis Schenke



Dear parents, caregivers and community members,

We frequently report on and hear about the importance of attendance at school. We all want our students to get a great education, and the building blocks for a great education begin with students attending school each and every day. We all know that missing school can have a major impact on a child's future. Did you know that a student missing one day a fortnight will miss four full weeks by the end of the year? By Year 10 they'll have missed more than a year of school.

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.

Our yearly attendance rate as a school is currently sitting at 93.8% which is just shy of the DECD target of 95%. Our very achievable goal is to bring our rate up to the 95% target. How can we achieve this? It's very simple: *every day at school counts for everyone!* 

The table below shows the weekly attendance rate for each year level. Congratulations to our year 1 and 3 students who have been able to maintain above 95% for all of 2017!

| TERM 2       | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Term 2<br>(Total) | Total for 2017 |
|--------------|--------|--------|--------|--------|--------|--------|-------------------|----------------|
| Reception    | 94.0%  | 88.0%  | 93.0%  | 89.0%  | 92.0%  | 87.0%  | 90.8%             | 93.2%          |
| Year 1       | 96.9%  | 87.7%  | 95.4%  | 96.9%  | 98.5%  | 96.9%  | 95.5%             | 97.0%          |
| Year 2       | 100.0% | 92.3%  | 86.2%  | 94.6%  | 100.0% | 93.6%  | 94.7%             | 94.5%          |
| Year 3       | 96.8%  | 94.7%  | 97.9%  | 93.2%  | 92.1%  | 97.4%  | 95.5%             | 95.2%          |
| Year 4       | 92.5%  | 93.8%  | 90.6%  | 82.5%  | 90.6%  | 92.5%  | 90.7%             | 91.9%          |
| Year 5       | 95.0%  | 94.7%  | 88.4%  | 90.0%  | 95.3%  | 98.4%  | 93.9%             | 93.7%          |
| Year 6       | 95.4%  | 97.7%  | 96.9%  | 91.2%  | 94.6%  | 91.9%  | 94.8%             | 94.2%          |
| Year 7       | 94.0%  | 90.0%  | 94.0%  | 83.0%  | 88.0%  | 93.3%  | 90.7%             | 91.7%          |
| Whole School | 95.4%  | 92.7%  | 93.2%  | 89.7%  | 93.5%  | 93.6%  | 93.3%             | 93.8%          |

#### SAPSASA News

Congratulations to both **Sophie Edwards** and **Noah Attrill-Podirsky** who participated in SAPSASA netball and football state carnivals last week. From all reports, both students had a fantastic week away. We are extremely proud of their achievements!





#### Little Eagles Transition Playgroup

This fantastic programme begins on the 28<sup>th</sup> of June and encourages students who will be starting school in 2018, along with their families, to come into our school to participate in songs, games, stories and activities to help guide their transition into school life. This wonderful programme is also a great opportunity for students and their families to get to know our school community. We are also encouraging parents and siblings to come along, even those who are still considering where their child will begin their educational journey. Check out the flyer published in this edition of Tailem Topics for further details.

Have a great week, Travis Tailem Bend Primary School 1 Murray Street TAILEM BEND S.A. 5260

Phone: 08 8572 3266 Fax: 08 8572 3026 Email:dl.0424.info@ schools.sa.edu.au Website:

www.tailembdps.sa.edu.au



#### **Diary Dates**

Term 2 ends Friday 7<sup>th</sup> July Early dismissal 2.10pm

Term 3 commences Monday 24<sup>th</sup> July

STUDENT FREE DAY
Wednesday
August 2<sup>nd</sup>

SCHOOL CLOSURE DAY Friday 1st September

"To Be Positive & Successful"

# Tailem Bend Photography Group Field Trips

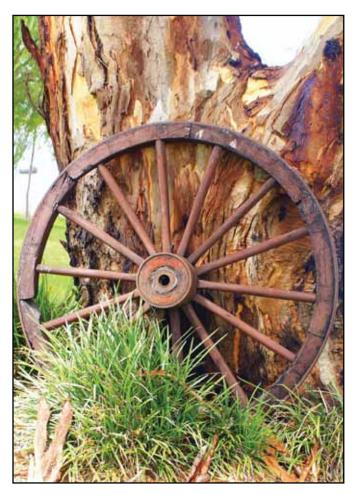
A special thanks to Joyce Medlow for allowing the TB Photography Group invade her 'pride and joy' and for ordering perfect Autumn weather for the group's first 'Gardens of Tailem' assignment held on Sunday, May 21. Those who attended, were treated to delicious freshly baked scones, served with lashings of homemade jam and cream.

Joyce's stunning garden is a mix of tranquil, relaxing areas, including a divine undercover fernery and garden beds full of home produce - a tribute to her hard work and love of gardening - attributes I'm sure shared with husband, Neville.

Sunday June 11, the Group travelled to Margaret Jaensch's scenic garden on the banks of the Murray River at Westbrook, for their second 'Gardens of Tailem' project.

Margie' patch of paradise is spacious, full of beautifully positioned garden beds, filled with colour, texture and creative sculptures.

**CLOCKWISE FROM ABOVE RIGHT:** - Doris Connolly of Tailem Bend, with Doug Stilgoe, Barbie Power and Joyce Medlow, in Joyce's fernery, and below right and below, some stunning images taken by Doris Connolly, from Margie Jaensch's garden.











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# **Keen International Wavers (on bicycles!!)**

Meeting each other on the road whilst cycling through Kyrgyzstan (North east of Afghanistan) Max Peer of Austria and Audrey Lemelin of French Canada camped the night at the Tailem Bend Football Grounds, Thursday, June 1, before heading to Darwin - their final Australian destination.

Peddling through Tailem Bend's 'Waving for Wellbeing' campaign, has been a light bulb experience for Audrey, a Canadian Occupational Mental Health Therapist.

"What a wonderful, simple idea, we'll be taking this concept with us on our travels and I'll definitely employ it back home - whenever we finally get back there," Audrey said.

Cycling Europe, Scandinavia, along the Mediterranean, through Canada, the USA, Latin America, South East Asia, China, Japan, then New Zealand and now Australia - the couple are keen wavers.

"We're now off to Adelaide via the Wellington Courthouse Cafe, the Langhorne Creek Wine District, then onto Strathalbyn - destination Darwin, via Alice Springs."

With plans underway to cycle the continent of Africa, you



can follow Max and Audrey on their current Blog www. douze.x-sound.at and if you would like to see more check out their home page at www.x-sound.at.

"Please keep waving, it can be a lonely planet and a simple wave does so much."

Words and Image by Glenn Power

**<u>BELOW:</u>** Arbor Day, 1959. Image shows Grade 6 students planting a tree. Teacher, Mrs Jambour, taking photograph. Image sent in by Peter Andjelkovic, member of Tailem Bend Historians. Peter is pictured standing, far right. Who do you recognise?





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# **Pangarinda Gardens**

Winter is with us and the many Hakeas are adding colour throughout the Garden. Frost with a very dry start to Winter is worrying volunteers, knowing a lot of the plants growing at Pangarinda will not tolerate too much frost.

At the information centre there is a group of Hakeas, with a mass of pincushion like flowers. These plants were grown from seed off a Hakea named 'Burrendong Beauty', a chance hybrid that was found growing at Burrendong Arboretum NSW. Being a hybrid plant, it had to be grown from cutting material, to retain the original beauty of the plant. Hybrids are often sterile, rarely setting seed and if grown from their seeds they revert back to look like their parents. It has been an interesting project, to be able to show the variation of these six plants not only from the parent plant, but also from each other. Hakea 'Burrendong Beauty' is growing in the gardens, as is Hakea petiolaris, thought to have been one of the parents. A likeness can be seen to H petiolaris in a couple of the plants. This project has shown the importance of trying to resource material from plants in the wild.

It was wonderful to see Anna Mussgar visiting Pangarinda, with her Grand Daughter from America, who was visiting her parents, with her partner. Her partner, who works in a similar garden in America, saw an article on Pangarinda Botanic Gardens while at work and insisted they visit when he knew it was in the area they would be visiting. Anna's Grand Daughter was thrilled to see her Grandfather, Frank Mussgar, named amongst the original committee on

the History of the Garden at the information centre.

Volunteers apologise that pamphlets have not been available at Pangarinda due to vandals smashing the holders. The Visitor's Book was also taken - disappointing when not available for the Mussgar family to sign. If found, please return to Coorong Council Office.

Submitted by Kaye Bartlett

**BELOW:** Pangarinda Garden's working crew get together for another working bee - weeding, shovelling and pruning, while John Wicks (foreground) of Regional Profile Cutters, Tailem Bend, installs some new colourful entrance panels.





# **Community Pet Page**



This page is proudly sponsored by Bek's Pet Grooming & Accessories

#### THURSDAY'S CANINE COLUMN

Well hello everyone it's Ally and her P.A. here again. Hope we all got through last month okay, sorry about the sad news but let's get on

with things...

I made a managerial decision to reinvigorate (Ally, I think that should be renovate) our kennel (oops, house) by installing a 'doggy door.' Thursday's Uncle Ian successfully installed the new doggy door (Ally, you know that he is two legged and Thursday is four legged, so they aren't really related right!).

Well we had implantation (PA says that should read, installation) of the door and it all started off a little bit weird. I would be on one side, PA on the other and she would put her hand and her head through the door to talk to me!

It took SO much patience to get her to understand that no matter how much weight she lost she would never be able to fit through the doggy door! After giving her several examples of how the new addition worked she (perhaps) realised that I knew what I was talking about!

I have now installed a 'beware people attempting to enter' sign. Next will be the security lights, floor sensors, man eating goldfish etc!





I still have hours of training with the PA over the next few weeks. I still wake her up at any hour of the night and put my OH so chilly nose ever so close to her. She senses I need to go outside (to check for intruders of course and having a wee is an added bonus). I'm sure she will soon wise up to my ways... Thursday was a good teacher.

Believe it or not even with the cold weather we still meet at the sports oval on Tuesday mornings at 9am for a lap or two around the oval. You are more that welcome to join us and just as welcome to meet at the dog park around 9.30am for a warm cuppa and chat, the more the merrier! Bye-bye for now, luv Ally.

For any pet questions or story submissions: Please email Michael Vivian at mvivian@coorong.sa.gov.au



# Newsletter July 2017

Inside this edition
C4C School holiday activities
Term 3 Timetable
and more ......







#### **Programs are Supported by:**

- Commonwealth Home Support Programme (CHSP)
- ac.care's Communities for Children Murraylands programme funded by the Australian Government Department of Social Services
- Department for Communities and Social Inclusion (DCSI)
- Department of Planning Transport and Infrastructure (DPTI)
- The Coorong District Council (CDC)





# Care for Coorong Kids and Families continues

As a result of the highly successful C4C (Communities for Children) Murraylands program, the Tailem Bend Community Centre (TBCC) will continue as a Community Partner to deliver programs and activities in the Coorong District, due to successfully obtaining further funding, until June 2019.

The Tailem Bend Community Centre will also be responsible for the delivery of some School Holiday Activities offered under Communities for Children Murraylands in Murray Bridge and Callington.

Children aged 0 - 12 years and their families, who reside in these communities, can continue to benefit by having access to Evidenced Based parenting programs, play groups, school term and holiday activities. These activities are designed to assist with early learning in literacy, numeracy and social skills. They will also provide integrated services for families, particularly vulnerable and disadvantaged families, to improve child wellbeing and development, safety and family functioning.

Communities for Children Murraylands is facilitated by ac.care and funded by the Australian Government Department of Social Services.

The Coordinator of TBCC Mrs Tammy Shepherd, announced the continued partnership in 2017/19 and said 'We're proud of the activities and programs we deliver under the C4C program and are excited to extend our services to provide School Holiday Activities to the Rural City of Murray Bridge (RCMB) region'.

ac.care Communities for Children Murraylands Senior Program Manager Teresa O'Brien said 'our collaborative relationship with the Tailem Bend Community Centre is very successful, together we have achieved so much and we are delighted to continue working in Partnership with TBCC'.

More information about the activities and programs offered under Communities for Children Murraylands in the Coorong District can be found at www.tbcc.org.au, https://www.facebook.com/TBCC87/

or by contacting the Tammy Shepherd on telephone: 08 8572 3513.

Phone: 8572 3513

www.tbcc.org.au info@tbcc.org.au 141 Railway Terrace, Tailem Bend SA 5260



# 2017 Term 2 Timetable 7 July

|                                                                                                                                                                                  |                                                                                                                       |                                                                                                                    |                                                                                                                                                                       | July                                                                                                                                              |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Monday                                                                                                                                                                           | Tuesday                                                                                                               | Wednesday                                                                                                          | Thursday                                                                                                                                                              | Friday                                                                                                                                            |  |
| -                                                                                                                                                                                | Broadband for Seniors                                                                                                 | Sewing Class                                                                                                       | Our Time                                                                                                                                                              | Woodturning                                                                                                                                       |  |
| Tuesday—Friday 9am—4:30pm Tel: 8572 3513                                                                                                                                         | One on one support for seniors using the internet  Appointment required Cost: FREE                                    | Join this group to work<br>on individual sewing<br>projects<br>9am to 12 noon<br>Cost: \$5.50                      | Interaction with children<br>under 5 years<br>* Parent, Child, Mother<br>Goose<br>9.30am to11.30am<br>Cost: FREE                                                      | Tailored tutoring in the art of woodturning  Fridays men's group  9am to 3pm Cost: \$5.50                                                         |  |
| Neighbourhood Watch                                                                                                                                                              | Woodturning                                                                                                           | Computer Class                                                                                                     | Woodwork                                                                                                                                                              | Tai Chi                                                                                                                                           |  |
| Meets on the second<br>Monday of each month at<br>TBCC. Information<br>sessions, raffles, social<br>support.                                                                     | Woodturning Choose your own pro- ject create with support  9am — 3pm                                                  | Need assistance with<br>all things Computing?<br>Bring your own lap top<br>or use a Centre PC<br>10am — 12noon     | Join Ted to create a wood project of your choice  9am — 12noon                                                                                                        | Tai Chi, Chi Kung and Lohan commencing 1st September  9.30am to 10.30am                                                                           |  |
| Contact 0417 840 473                                                                                                                                                             | Cost: \$5.50                                                                                                          | Cost: \$5.50                                                                                                       | Cost: \$5.50                                                                                                                                                          | Cost: \$1.10                                                                                                                                      |  |
| Golden Go Getters                                                                                                                                                                | Social Craft Circle                                                                                                   | CHEFS Cooking                                                                                                      | Ceramics                                                                                                                                                              | Our Goldies Lunch                                                                                                                                 |  |
| Help strengthen your muscles in a safe/supported Environment Town Hall Function Room Mondays 9:30am — 10:30am Wednesday's 10.30am—11.30am \$5.50/class                           | Join this friendly group.  Work on your own craft and share ideas.  1pm — 3pm \$1:10/class                            | Social cooking group  Cost: ingredients split between participants \$2 - \$5  10am—12 noon                         | With Doris Connolly, Enjoy<br>this wonderful craft in a<br>friendly relaxed<br>environment.<br>Call 8572 3241<br>12:30pm — 2:30pm                                     | Friday's monthly 12 noon Cost \$10 July 21 August 25 September 22                                                                                 |  |
| Tailem Bend<br>Progress Association                                                                                                                                              | Training                                                                                                              | Golden Gamers                                                                                                      | Glass n Art                                                                                                                                                           | Garden Club                                                                                                                                       |  |
| 7pm Wednesday every 3rd<br>month<br>Call Beryl 85723507<br>PARADE COMMITTEE<br>7pm third Tuesday of each<br>month<br>Call Jules 0447 093 684                                     | TBCC offers lots of<br>training opportunities<br>Please call us for<br>details 8572 3513                              | Join us for games and company Wednesday Afternoons  1pm — 4pm Cost: \$1.10                                         | Make a mosaic, glass or leadlight project of your choice in a creative environment with like-minded people  1pm — 4pm  Cost: \$1.10                                   | Garden Club meet on<br>the second Friday of<br>each month<br>10am - 11am<br>Cost: FREE                                                            |  |
| Probus                                                                                                                                                                           | Book Club                                                                                                             | Folk Art                                                                                                           | C4C Activities                                                                                                                                                        | Creative Writing                                                                                                                                  |  |
| Meet on the 3rd<br>Monday of each Month<br>10am — 12noon<br>Cost: gold coin                                                                                                      | Are you interested in joining a book club? Call TBCC to register.  Day and time to be confirmed.                      | Folk Art is a social group<br>sharing skills and<br>knowledge of folk art and<br>more<br>1pm — 4pm<br>Cost: \$1.10 | *For details about C4C<br>activities offered for<br>Children 0-12 years<br>please call Denise<br>8572 3513                                                            | Learn techniques that keep your writing interesting. Work on your own projects and enjoy some fun writing activities.  1:30pm — 3:30pm Cost: FREE |  |
| Evening Yoga                                                                                                                                                                     | Got a class in mind                                                                                                   | Walking Group                                                                                                      | Photography Group                                                                                                                                                     | Archery                                                                                                                                           |  |
| Improve your flexibility and tranquillity with instructor Monica Martin, Please bring a blanket, water and your own mat if you have one.  Call Monica 0488 133 625  6:30pm — 8pm | Give us a call and we will register an expression of interest once 5 people register we can arrange the class  EASY!! | Are you interested in joining a walking group? Call TBCC to register. Day & time to be confirmed                   | Tuition with Glenn Power on the first Wednesday of each month. 7pm at TBCC Photo taking field trips to local venues on second Sunday each month at 10am. Cost: \$1.10 | Archery for all ages. Bookings essential. Tailem Bend Primary School Oval Sundays: 9.30am —12.30 Cost: FREE BBQ Lunch \$5.00                      |  |

<sup>\*</sup> Communities for Children (CAB) is facilitated by ac.care and funded by the Australian Government Commonwealth Home Support Program (CABP) is funded by the Australian Government Department of Health



| 3                                             | /                          |                                                            |                               |                    |
|-----------------------------------------------|----------------------------|------------------------------------------------------------|-------------------------------|--------------------|
| two                                           | week                       | one                                                        | week                          |                    |
|                                               | 17                         |                                                            | 10                            | Monday             |
| Tailem Bend<br>Football Oval<br>1 pm —2.30 pm | 18 Bike ride               |                                                            | 11                            | Tuesday            |
| Coomandook<br>School Oval<br>1 pm —2.30 pm    | 18 Bike ride 19 Archery 20 | 9.30am – 11am<br>Murray Bridge Soccer Oval<br>1.30pm – 3pm | 12 Archery 13 Callington Oval | Wednesday          |
|                                               | 20                         | u u                                                        | 13                            | Thursday           |
| 6                                             | Zi                         | <b>5</b>                                                   | 14                            | Friday             |
|                                               | 22,23                      |                                                            | 15,16                         | Saturday<br>Sunday |

For all bookings or questions, contact

P 08 8572 3513 E info@tbcc.org.au www.tbcc.org.au



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from the Coorong, Murray Bridge district.

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# TBCC Venue Hire

Did you know the Tailem Bend Community Centre have a number spaces for hire at very reasonable rates

Function/training, meeting/counselling, computer/training, fully equip industrial kitchen, art & lifestyle shed. Data projection, smart board, air-conditioned, tea and coffee facilities and much more Costs and conditions of hire, please visit our website

www.tbcc.org.au



# TAILEM BEND FOOD & WINE CLUB



Winter Dinner 2017 at TBCC

members and guests of the Tailem Bend Food & Wine Club met at the Tailem Bend Community Centre's dining room to participate in their June dinner of their fifty ninth year.

On entering the elegantly decorated dining room, members and guests were warmly greeted by Assistant Wine Master Glenn Dean, who was ably assisted by his wife Sarah with a glass of Sir James Pinot Noir Chardonnay sparkling wine to sip course, which all members agreed Amadio, Quartet Blanc a fortified wine whilst being tempted by two tables they did. displaying gourmet trays of tantalising, mouth-watering hors d Oeuvres, created by Assistant Food Mistress Sarah and committee members. consisting of:

Thai Chicken Cakes, Involtini Zucchini, Beef and Asparagus wraps, Pizza Dip on toast, Beetroot, sour cream, pumpernickel bites, Devils on horse back, Pastry Crescents with pesto and sun dried tomato fillings, Pea Fritters with cream cheese and salmon, Kumara Wedges with chicken and chives dip.

President Glen Dorsey welcomed all members and guests, after which he proposed the club toast.

After apologies were read out, Glen gave special welcome to new member

With the formalities over, it was time for members to participate in a night of fine dining and wining.

able to engage "Fancy Some Food" Shallot, and Yogurt served with baked

Chef Kathy Stolarski to prepare a menu Couscous and herbs, On Saturday night 3rd June 2017, 40 of epicurean delights for all to enjoy.

> adverse comment was received for the enjoyment. whole evening

Wine Master Roger Wickes {absent} Dessert: Orange and Pistachio and Assistant Glenn travelled to semifreddo, served with candy orange various wineries in the Adelaide Hills zest, caramel orange and cacao nibs. to select wines to compliment each Melding ever so tastefully with the

Soup: Pumpkin with Green Lip Mussels, consisting of pumpkin, onion, A standing ovation was given to Chef garlic, harrisa, New Zealand mussels, Kathy and her dedicated staff, Sarah croutons, cream to serve and parsley. Chudy, Alice Chudy, Pippa Stolarsky With the Amadio Wines, Vino and Jack Stolarsky, for the excellent Famigalia 2015, Arnies grape variety. A food presentation and flawless table typical Italian wine complimenting the soup with its crispness and lifted citrus aromas, A magnificent dinner, thoroughly extending the great length of flavour. enjoyed by all members and guests An exciting combination.

Entrée: Stuffed Quail with Date Jus, de boned, with a quail egg wrapped in the breast meat, hummus dates, sesame, fennel, pomegranate seeds and baby spinach. The Nepenthe, Pinot Noir 2015. A wine, rich in flavours of summer berries, with subtle spice and a herbaceous savoury finish, melding delightfully with each mouthful.

Food Mistress Diane O'Connell was Main: Lamb meatballs with Fig,

thyme, coriander, rasel hanout and cayenne pepper. Consumed with the Comments from members throughout 2014, Bendbrook Cabernet Sauvignon, the evening, left no doubt, that it was with its exceptional smooth qualities one of the finest dinners they had of ripe plum, black fruits, and silky enjoyed, especially as each course is tannins. This combination raised this critiqued by different tables. Not one meal course, to another level of

> made from Viognier, Arneis and Riesling grapes. Elegantly smooth.

style, service.

culminated with Irish Cream and Tawny Port, Tea &Coffee.



# Coming up next at Tailem Bend Community Centre

#### Membership for TBCC

Becoming a member of TBCC costs \$5.50 per year, due in July. Memberships entitles you to 50% off of photocopying, and many other services at TBCC.

Membership also assist us with grant applications, evidencing that the community supports the services offered by TBCC.

If you would like to help us continue to provide events, classes and activities please consider becoming a member in 2017-18.

Please come along to our 30 year celebration open day on Friday 28 July to find out more about memberships and assisting TBCC to support your community.



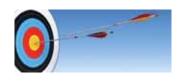
#### Boat Licence Course

The last course for 2017 is on

Wednesday 26 July starting at 6pm cost is \$30. Bookings are essential. We will not host another session until March/April 2018 so if you need your license this summer now is the time to get it.

#### **Community Garden**

Are you a keen gardener? We are looking for new volunteers to help us tend to the community garden. Our Garden Club meets first Friday of the month at 10am-11am. The group share ideas and produce in a friendly environment. Please call the Centre for more information.



#### Archery

The Sunday Archery group are doing famously each week and are currently forming a club. If you are interested in joining this free weekly session held at the Tailem Bend Primary School 9.30am—12.30 please call Len March on 0417 821 720.

#### **Volunteers**

We are looking for a volunteer to create our monthly newsletter. If you have knowledge of Publisher we would love to hear from you. Please call the Centre. Training will be provided.

#### Tai Chi

New class coming to TBCC in September Tai Chi, Chi Kung and Lohan at the TBCC on Friday mornings from 9.30am to 10.30am commencing 1st September during School Terms cost is \$1.10 per person.

#### Fire Warden training

Chief Warden, Evacuation Extinguisher, Chemical spills

#### Friday 11 August 2017

9am-4.30pm

Cost \$220 including breaks/lunch
Call 8572 3513 to book

#### **Croquet Club in Tailem Bend**

We have received four expressions of interest for a Croquet Club in Tailem Bend. If we receive a couple more the club would be viable. Do you know someone that may be interested in joining if for social Croquet against the Meningie Club please call Corinda Thompson home 8575 6043 mobile 0405 469 107 to discuss opportunities.



Commonwealth Home Support Packages (CHSP)



ges (CHSP) Department of Health

Government of South Australia

Department of Planning,
Transport and Infrastructure



<u>Staff</u>

Coordinator:Tammy ShepherdMonday - FridayCHSP Officer:Deb TaylorTues, Wed, FridayC4C Officer:Denise McLoughlinTuesday - FridayFinance Officer:Chris HartmannThursday

#### 2016/17 Board of Management:

Chairperson:Jack HuntVice Chairperson:Lorraine CrespTreasurer:Trevor GordonSecretary:Rhonda Shillabeer

Committee: Bev Moyes, Donna Middleton, Rosemary

Symonds, Margo Wood, Linda McDougall

## MONTHLY RECIPE

I love Dubai but not just for its glitzy shopping malls, desert safaris and glamorous lifestyle. I love Dubai because in between the dazzling skyscrapers the wind picks up the desert sand and hurls it around, reminding you that this visionary city has humble foundations built by migrant workers from Indonesia, India, Pakistan, Philippines, Bangladesh, Sri Lanka and Nepal. While the working and living conditions of an estimated three million migrant workers is highly contentious, their food culture is not. A melting pot of cuisines can be found in the United Arab Emirates and thanks to a little guidance from \*Anthony Bourdain's No Reservations\*, we found ourselves in the Pakistani restaurant, Ravi. Established in 1978, this restaurant is popular for good reason. A mix of Indian, Far Eastern and Middle Eastern cooking, Pakistani food uses simple ingredients to build complex flavours in dishes like, biryani, mantu and tandoori chicken. However, it was Peshawri chicken that really got us hooked on Pakistani food. Luckily for me, I have friend in Adelaide who's from the region of Peshawar and very kindly shared her recipe for Peshawri chicken with me. Karen, pronounced Kar-een learned, most of her cooking from her mother, but she is also a fan of Bajias cooking, a famous Pakistani cook residing in Brisbane. Well I'm sure Bajias has great recipes, but it is Karen's Peshawri chicken recipe that has brought back fond memories of eating Pakistani food in Dubai. Thanks Karen.

#### **PESHAWRI CHICKEN - Serves 2**

- 2-3 tbsp vegetable oil
- 1/2 chicken, cut into guarters
- 1 onion, finely diced
- 4-5 cloves garlic, crushed
- 2 cm piece ginger, crushed
- 1 tbsp cumin seeds, ground
- 2-3 tomatoes, finely chopped
- 1 tsp tumeric
- salt to taste
- 1 green chilli, finely sliced (optional)
- 1 tbsp fresh coriander leaves

Heat oil in a medium saucepan over medium heat. Add chicken pieces, onion, crushed garlic, ginger and cumin and fry for 10-15 minutes until golden brown.

FYI: Karen uses a mortar and pestle to pound the garlic, ginger and cumin together – you could also use a small food processor.

Add tomatoes and salt and cook on medium heat until the tomatoes break down becoming a thick sauce.

Add tumeric powder and continue to cook on low for 10-15 minutes until the oil separates from the sauce.

At this point you can add water to make a gravy or leave it thick.

Serve with green chilli, coriander and fresh naan. We enjoyed it with rice, minted yoghurt and a green salad.

Submitted by Rachael Hakim







# **Community Library - New Book List**

#### New Books May 2017

# 00

#### **Non Fiction**

Banjo Patterson- Collected Verse Henry Lawson – Poems & Stories 4 Ingredients Healthy Diet My Samsung Galaxy S7 for Seniors Windows 10 Tips, Tricks & Shortcuts

#### **Adult Fiction**

HIGGINS Kristan: On Second Thought- Family saga McLEOD Jenn J: The Other Side of the Season- Australian Historical

SCANLAn Patricia: Orange Blossom Days – Family Saga

STOREY Erik: Nothing Short of Dying – Thriller McCALLUM Fiona: Finding Hannah – Family Saga

CAREY M.R: Felside-Thriller

ALDERSON Maggie: The Scent of You- Family Saga

HARDIE Mark: Burned & Broken-Suspense

ALEXANDER Sara: Under A Sardinian Sky- Family Saga BLACKWOOD Grant: Tom Clancy's Duty & Honour-Mystery

SHRIEVE Anita: The Stars Are Fire- Family Saga

CLEEVES Ann: Cold Earth – Thriller BROWN Taylor: The River of Kings- Rivers

SCOTT N.M. To A Country House Darkly - Sherlock Holmes,

Adventure, Detective

JACOBS Anna: One Quiet Woman- Family Saga,

Lankashire, Bk #1 Ellindale Saga SMITH Wilbur: Golden Lion- Adventure

#### **Large Print**

ANDERS Toni: A Date With Romance: Romance

We are on **FACEBOOK**. Like our page for lots of Tailem Bend History pics, and what is happening in our Library.

The Tailem Bend Primary School is looking for any historical photos of Tailem Bend. We will scan them and return them to you ASAP.

We also have an Electrical Home Audit Kit for your borrowing.



#### **Book Reviews June 2017**

#### The Scent of You - ALDERSON Maggie - Family Saga

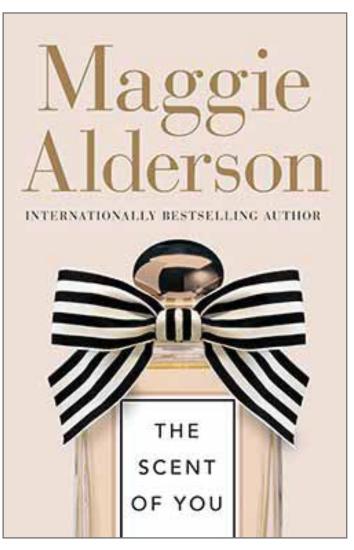
Are you still married if you haven't seen or spoken to your husband for months?

Polly Masterson-Mackay really doesn't know. With her children away at uni, her glamorous mother – 85 and still modelling – happily ensconced in a retirement village and her perfume blog taking off, life is great.

Then her husband announces he needs some space and promptly vanishes, and everything she has taken for granted is thrown into disarray.

As Polly grapples with her situation, she clings to a few new friends to keep her going. Shirlee, the loud-mouthed yoga student; Guy, the mysterious, infuriating and hugely talented perfumer; and Edward, an old flame from university who reappears in Polly's life.

But while she distracts herself with the heady world of luxury perfume – and some pretty luxurious men – Polly can't keep reality at bay forever, and eventually she is forced to confront some difficult truths – about her husband, herself, and who she really wants to be.



## **Book Reviews**

#### Burned & Broken - HARDIE Mark - Suspense

An enigmatic policeman - currently the subject of an internal investigation - is found burned to death in his car on the Southend sea front.

A vulnerable young woman, fresh out of the care system, is trying to discover the truth behind the sudden death of her best friend.

As DS Frank Pearson and DC Catherine Russell from the Essex Police Major Investigation Team are brought in to solve the mystery that surrounds their colleague's death, they're under intense pressure to crack the case without damaging the force's reputation.

When a dramatic turn of events casts a whole new light on both cases, the way forward is far from clear. Were the victims connected in some way? And just how much should Pearson and Russell reveal to their bosses as they begin to unearth some dark secrets that the force would rather keep buried?

Mark Hardie's stylish and gripping debut introduces a brilliant new detective duo to the world of crime fiction, weaving together two suspenseful stories that end in a breath-taking finale.

# A MURDERED POLICE OFFICER. A DEAD GIRL. A CRIME WORTH KILLING FOR? BURNED AND BROKEN MARK HARDIE

# **TB Info Station Update**

**BELOW:** Volunteer, Signalman and Curator, Ray Bolt of Tailem Bend, inspecting 'safety-rail' requirements for the soon to be installed 'Railway Stairway of Honour' at Tailem Bend's Info Station, Railway Terrace, Wednesday June, 14, 2017.



With storage areas emptied and prepped, Tailem Bend's main street Info Station readies to install their long awaited elevated picture gallery and their stairway honour boards in the coming months.



<u>ABOVE:</u> Ray Bolt of Tailem Bend, clearing out the last of the odds and ends for the historic elevated 'still and audio' supported digital image gallery at Tailem Bend's Info Station, Railway Terrace, Wednesday June, 14, 2017.

Filled with historic still and audio supported digital imagery, collated by the Tailem Bend Historians, the Info Station team of volunteers are looking forward to be offering both digital imagery in the elevated gallery and also down at platform level for wheelchair visitors.

## Old Lutheran Church Sells at Auction

As SA Health continue to cut costs across South Australia, the sale of Tailem Bend's historic Lutheran Church has raised eyebrows as questions continue to be asked about the future of Tailem Bend's medical facilities.

Situated on two large blocks, on the corner of Seymour Street and East Terrace, Tailem Bend, the SA Health owned property was sold a few weeks ago and concerns are being aired by locals as to where the proceeds from the sale will go.

With the assets of the old Tailem Bend Community Hospital being transferred to SA Health some time ago, residents can now be assured by the statement below from the Acting Regional Director - Riverland Mallee Coorong, Tanya Lehmann, that all money raised from this asset sale will remain in Tailem Bend.

"The Coorong Health Advisory Council (HAC) sold the Tailem Bend Lutheran Church at auction last month for \$134,000, freeing up valuable funds for investment in local health services," Tanya said. "The HAC will use the money to upgrade local health services, including staff facilities at the Tailem Bend District Hospital, which haven't been upgraded since the 1960s - money will also be spent upgrading the town's Doctor lodgings."

"The Tailem Bend Medical Practice building, which is a HAC-owned asset, will not be sold, howev-

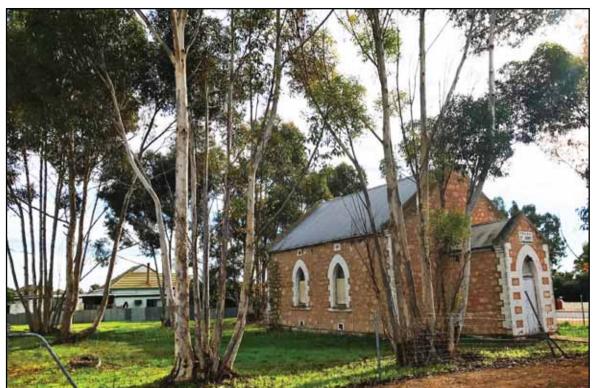
er, Country Health SA is in negotiations with prospective future operators of the medical practice," Tanya said. "We look forward to the positive impact and fresh energy new operators will bring, and trust that the local community will get behind the revamped practice."

"We are grateful for the support of the Rural Doctors Workforce Agency which has supplied locums to Tailem Bend for the past 18 months, enabling us to maintain medical services in town - thanks also to the dedicated staff at Tailem Bend District Hospital for continuing to provide health care and vital services to the local community."

"We are committed to maintaining medical services in Tailem Bend and look forward to making an announcement about the new operators of the Tailem Bend Medical Practice in the near future," Tanya said. "As previously confirmed, Country Health SA has no plans to close Tailem Bend District Hospital."

Many concerned residents of Tailem Bend will have their fears of a closure alleviated, once some action in securing the future of their medical facilities, is seen.

Submitted by Glenn Power Image by Glenn Power



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LEFT: The old Lutheran Church, on two blocks, sold at auction for \$134,000.

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# Thought of the Month

Eagles are one of God's majestic creations, often used as a logo for many organisations, Tailem Bend is no exception the Football Club, Netball Club and Primary School all carry the Eagle Badge.

# <u>Perhaps we could all learn a lesson from this magnificent</u> bird that rules the skies.

- (1) Eagles <u>fly alone and at high altitudes</u>. They don't fly with sparrows or other small birds: Stay away from sparrows and ravens, those that bring you down. Eagles fly with Eagles. Keep good company.
- (2) Eagles have an **accurate vision**. They have the ability to focus on something as far away as 5km. No matter the obstacles, the eagle will not move his focus from the prey until he grabs it: Have a vision and remain focused no matter what the obstacle and you will succeed.
- (3) Eagles do not eat dead things. They feed only on fresh prey: Do not rely on your past success. Keep looking for new frontiers to conquer. Leave your past where it belongs, in the past.
- (4) Eagles <u>love the storm</u>. When clouds gather, the eagles get excited. Once it finds the wind of the storm, the eagles uses the raging storm to lift him above the clouds. This gives the eagle an opportunity to glide and rest its wings. In the meantime, all the other birds hide in the leaves

and branches of the trees: Face your challenges knowing that these will make you emerge stronger and better than you were. We can use the storms of life to rise to greater heights. Achievers are not afraid of challenges, rather they relish them and use them profitably.

- (5) Eagles **prepare for training**. They remove the feathers and soft grass in the nest so that the young get uncomfortable in preparation for flying: Leave your comfort zone, there is no growth in it.
- (6) **Rebirth of Eagle**: When the Eagle grows old, his feathers become weak and cannot take him as high. When he feels weak and about to die, he retires to a place far away in the rocks. While there, he plucks out every feather on his body until he is completely bare. He stays in this hiding place until he has grown new feathers, then he can come out. [It is a myth and not true, but let us take the lesson]

We occasionally need to shed off old habits, things that burden us, or add no value to our lives.

"But those who wait on The Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint." (Isaiah 40:31)

Submitted by Peter Connolly - Chair Murray Mallee Catholic Parish

## **Church Services**

#### **ANGLICAN CHURCH OF AUSTRALIA**

47-49 Station Drive Tailem Bend

Services: Sundays at 11.15am.

All enquiries, Ray Bolt: 0407 755 574 or

Evonne Whibley: 0405 970 804.

#### APOSTOLIC CHURCH OF AUSTRALIA

(REHOBOTH CHURCH)

181 Railway Tce, Tailem Bend 10:30am every Sunday—everyone welcome.

Pastor Gary Paynter: 0428 815 560 Joanna Paynter: 0428 855 696

Phone: 8572 3875

#### **CATHOLIC**

Catholic Church mass times: 1st and 3rd Sundays 10.30 a.m. Mass 2nd and 4th Sundays 10.00 a.m. LWC 5th Sunday 10.00 a.m. LWC Father John Herd, Murray Bridge Phone: 8531 1699, or Catholic Office at Tailem Bend, Fridays 10am – 4pm.

#### **MURRAY BRIDGE UNITING CHURCH**

Narooma Boulevard, Murray Bridge

Sunday's: 9.30 am

Rev Darren Lovell: 0466 411 784

Rev Frances Bartlett Church Office: 8532 5150

#### **MURRAY BRIDGE CHURCH OF CHRIST**

32 Seventh Street, Murray Bridge, 5253 Sunday Service Time - 10am Pastor Grant Spangenberg

Church Office: 8532 2883 Mobile: 0419 848 336

#### **TAILEM BEND CHRISTIAN CENTRE**

Meeting at corner of Pontt and Jacob St (opp Bowling Club) Every Sunday 10am.

Pastor Harry Kromwyk or Pastor Kathleen Kromwyk

Phone: 8572 4741 Mobile: 0428 233 100

#### TRINITY LUTHERAN

Monthly 1st & 3rd Sunday at 11am. 2nd, 4th, 5th Sunday at 9am.

Pastor Matt Buse Phone: 8572 3957 Mobile: 0466 395 551

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# **TELL US MORE**

What are your memories of these Tailem Bend images?

A memory shared can last forever - so why not share your thoughts on these images, taken from the archives of the Tailem Bend Historians.

Email tailemtopics@gmail.com or drop your notes into the Tailem Topics red box at the Tailem Bend Post Office.



**BELOW:** Taking a break from 'old school' classes, teachers and students from Aldgate Primary School join their host - Old Tailem Town 'School Principal' Peter Squires, in a Tailem Bend 'Wave for Wellbeing' - after history lessons at Australia's largest Pioneer Village, Tuesday, June 6, 2017.



# **SHOESMITHS**

**GARDENING AND HOME MAINTENANCE** 

gardening - weeding ironing - car cleaning - window cleaning and more.....

from \$20/hour

PHONE: 0405 206 367

#### JULY'S JOKE - Health Issues

- Do you ever have feelings of inadequacy?Have you ever suffered from shyness?
- Do you sometimes wish you were more assertive?

If you answered yes to any of these questions, ask your doctor or pharmacist about Cabernet Sauvignon.

Cabernet Sauvignon is the safe, natural way to feel better and more confident about yourself and your actions. It can help ease you out of your shyness and let you tell the world that you're ready and willing to do just about anything.

You will notice the benefits of Cabernet Sauvignon almost immediately and, with a regimen of regular doses, you can overcome any obstacles that prevent you from living the life you want to live

Shyness and awkwardness will be a thing of the past and you will discover many talents you never knew you had. Stop hiding and start living.

Cabernet Sauvignon may not be right for everyone. Women who are pregnant or nursing should not use it. However, women who wouldn't mind nursing or becoming pregnant are encouraged to try it. Side effects may include:

Dizziness, nausea, vomiting, incarceration, loss of motor control, loss of clothing, loss of money, loss of virginity, delusions of grandeur, table dancing, headache, dehydration, dry mouth, and a desire to sing Karaoke and play all-night rounds of Strip Poker, Truth Or Dare, and Naked Twister.

Warnings:

- The consumption of Cabernet Sauvignon may make you think you are whispering when you are not.
- The consumption of Cabernet Sauvignon may cause you to tell your friends over and over again that you love them.
- The consumption of Cabernet Sauvignon may cause you to think you can sing.
- The consumption of Cabernet Sauvignon may create the illusion that you are tougher, smarter and better looking than most people.

Please feel free to share this important information with as many people as you feel it may benefit!

Now, just imagine what you could achieve with a good Shiraz.

## What's ON?

#### **SATURDAYS**

<u>JERVOIS DANCE</u>; Every 5th Saturday, 8pm till late.
 Phone: Russell Nuske on 8572 3568, or Wayne
 Cheeseman on 8572 3242.

#### **SUNDAYS**

- TAILEM BEND RSL SUB BRANCH; ROAST every second Sunday of each month at 12.30pm. Cost \$15 main and dessert, kid's menu \$7. Members of the public most welcome.
- TAILEM BEND BOWLING CLUB; Sunday Lunches:
   12.30pm. Last Sunday of the month. 2 Course meal,
   Tea/Coffee \$12 per person, with Door Prize!!!! All
   Welcome. Please Book by phoning Thelma: 8572 4469.
- ARCHERY: Meets every Sunday weather permitting, 9.30am followed by BBQ lunch for small cost @ Tailem Bend Primary School Oval. Beginners to Advanced some equipment available. ALL WELCOME. Contact: archery5260@gmail.com or Len: 0417 821 720.
- ROWING CLUB: \*Come and Try\* every Sunday morning from 9am - phone Anna 0400 880 578.

#### **MONDAYS**

- NEIGHBORHOOD WATCH SA; Meets 2nd Monday of the month, 7.30pm at the Community Centre
- PROBUS CLUB; Monthly Meetings held on the 3rd Monday of each month at the Community Centre. Contact:
- ROTARY CLUB OF TAILEM BEND; Meets every Monday night (except public holidays) at the Riverside Hotel 6.30pm. Contact Sue Piggott: 0439 723 998.

#### **TUESDAYS**

- <u>KEEP FIT CLASSES</u>; Every Tuesday at 9am. (except school holidays) Tailem Bend Community Centre. Contact Sharon: 8532 4311.
- SOCIAL TENNIS; Every Tuesday 9.30am- 12.30pm.
   \$2.00. All welcome. Phone Anne Howell: 8572 4023.
- <u>JERVOIS BRANCH CWA</u>; Meet 1st Tuesday of each month at the Jervois Hall @ 10.30am. Contact Gloria Afford: 8572 6070.
- TAILEM BEND LIONS CLUB; meets 2nd Tuesday each month at Riverside Hotel 6.30pm for a meal and on 4th Tuesday each month at Lions Den, corner Trevena Rd & Seymour St. for General meeting. Contact Doug Holmes 8532 4372 or lan Eckermann 8572 3850.
- ACTIVITY AND LEISURE GROUP; 10am 2pm Tuesday, Wednesday, Thursday, at the Day Care Community Services Building. Transport is available, Phone Betty on 8572 5861.

<u>TAILEM BEND AUTO CLUB</u>; Meets 3rd Tuesday each month at Riverside Hotel, 7pm.

#### **WEDNESDAYS**

- TAILEM BEND PROGRESS ASSOCIATION; Meets 2nd Wednesday of each month, 7.30pm at the Tailem Bend Community Centre.
- <u>TAILEM BEND ST JOHN CADETS</u>; Meeting Wednesday evenings from 6pm to 8.30pm, Murray Bridge St John Centre. All enquiries to Lyn: 0448 551 007, during school terms.
- ACTIVITY AND LEISURE GROUP; 10am 2pm Tuesday, Wednesday, Thursday, at the Day Care Community Services Building. Transport is available, Phone Betty on 85725861.

#### **THURSDAYS**

- <u>TAILEM BEND SINGERS</u>; Thursday nights, Contact Bev Piggott: 8572 3807.
- RIVERBEND LADIES INDOOR BOWLS: Thursdays until the end of October. Fun games 10.30am. Team games 2pm. Contact R. Ellis: 8572 3252 or L. Jaensch: 8572 4064.
- ALCOHOLICS ANONYMOUS: Every Thursday evening. "AA" meets at the Community Centre from 7pm to 8.30pm. Contact Harry: 0437 471 131.
- MUMS AND BUBS; 9.30am at the Community Centre.
   FREE SESSION. Phone: 8572 3513.
- ACTIVITY AND LEISURE GROUP; 10am 2pm, Tuesday, Wednesday and Thursday at the Day Care Community Services Building. Transport is available, phone Betty: 8572 5861.

#### **FRIDAYS**

- PLAYGROUP: 9am 11.30am. Cost \$2 per family.
   During school terms at Tailem Bend Kindergarten,
   Trevena Rd. Phone 8572 3348.
- GOLDEN OLDIES LUNCHEON: 4th Friday of the Month at the Tailem Bend Community Centre. \$10 per person. Phone: 8572 3531 for more details.
- TAILEM BEND RSL SUB BRANCH; Dining In open every Friday night from 6.30pm. All meals \$15, mains, dessert, tea/coffee - \$7 children's menu. BOOKINGS ESSENTIAL - phone 0417 899 285.
- TAILEM BEND RSL SUB-BRANCH; Monthly meetings held on the first Friday of each month at 4pm. Phone the Secretary: 0417 899 285.

# Community Services

#### COORONG CIVIC CENTRE & ART GALLERY (Coorong District Council) Open 8.30am - 5pm Monday-Friday

95 - 101 Railway Terrace, Tailem Bend PO Box 399 Tailem Bend, SA, 5260 Phone: 1300 785 277 | Fax: 8572 3822 Email: coorong@council.sa.gov.au

#### **Post Office**

109 Railway Terrace, Tailem Bend Phone: 8572 3420 Agents for Commonwealth Bank, Central Credit Union and One Spot Bill Pay. Mail closes at 5:00pm, Monday - Friday.

#### Community Library

1 Murray Street, Tailem Bend Phone: 8572 3266 (On School Grounds)

#### Tailem Bend Community Centre

141 Railway Terrace, Tailem Bend or PO Box 203, Tailem Bend, SA, 5260 Phone/Fax: 8572 3513

#### **Tailem Bend Kindergarten**

49 Trevena Road, Tailem Bend Phone: 8572 3348

#### **Tailem INFO STATION**

Railway Station, Tailem Bend Phone: 8572 4277 | Open 7 Days, 9am - 4pm

#### Tailem Bend District Hospital

Princes Highway, Tailem Bend Phone: 8572 5800 Fax: 8572 5801

#### **Medical Centre & Immunisations**

70 Princes Highway, Tailem Bend

Phone: 8572 5897 or A/H: 8572 5800

#### Murray Mallee Transport Scheme

Railway Station, Tailem Bend

Phone: 8572 4288

#### Tailem Bend RSL Sub-Branch

57 Trevena Road, Tailem Bend (corner of Seymour Street)

Phone: 8572 4550 Secretary: 0417 899 285

#### Bank SA - Tailem Bend

Railway Terrace, Tailem Bend

Phone: 8572 4850

#### St Vincent De Paul

Open: Mon, Wed, Fri: 10:00am - 4:00pm Saturday: 9:30am-12:00pm

#### Tailem Bend Primary School

1 Murray Street, Tailem Bend Phone: 8572 3266 | Fax: 8572 3026 Email: DL.0424.info@schools.sa.edu.au

#### LOCAL JUSTICE OF THE PEACE

#### **EMERGENCY NUMBERS**

| Police: Tailem Bend       |           |
|---------------------------|-----------|
| AmbulanceFire & Rescue    |           |
| CFS: Tailem Bend          |           |
| CFS: Jervois              | 000       |
| Taiem Bend Medical Centre | 8572 5897 |
| Poison Information        |           |
| Parent Helpline           |           |
| RAA                       |           |
| Hospital                  | 8572 5800 |



# **Community Notice Board**

#### \*THANK YOU\*

Thank you on behalf of my family, for the support and remembrance of our Mother Lois Fletcher

Many people assisted us with the arrangements for her Memorial Service held Tuesday, June 20, 2017.

Our grateful thanks go to Evonne and Ron Whibley...... thank you for keeping in contact.

Terry Connelly from the Football Club, Peter Connelly from the Bowling Club,

Pauline Merritt from the Golf Club and St Luke's Ladies. Pauline arranged the flowers at St Luke's and also the delivery of flowers to the Hospital.

Gwenda Zadow and her wonderful team from Friends of the Hospital.

The Staff of the Community Centre, Father David from St Luke's Church and Rhonda Mik of Taberefta Homes and not forgetting the townsfolk who took the time to attend. Our family and extended family appreciated your presence, condolences and effort....we know how busy everyone's lives are, so giving us your time was special. I think this group of people demonstrate the sense of community and respect for the town's residents that exists in Tailem Bend.

We also thank Staff at the Coorong Aged Care Centre .... Mum was well cared for from November 2014 to January 2017. We moved Mum to the West Beach Residential Care in January this year, to enable us to give her more support and to have more frequent contact with her. She enjoyed hearing news from Tailem Bend during her stay there and was heartened that the congregation of St Luke's continued to

remember her in prayers.

She would have loved the recent Today Tonight story too...congratulations on this initiative.

Thank you again from all of us;

Janet Wundersitz, West Beach

Judy Evans Peterborough Sandra Przibilla Sydney

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QUOTE OF THE MONTH

Do everything with a good heart and expect nothing in return, and you will never be disappointed.



TAILEM BEND HOMES FOR AGED

EXPRESSION OF INTEREST IN LIFETIME OCCUPANCY OF A 2 BEDROOM UNIT

Applications are invited from retired residents of the Coorong Council District who are over the age of 55 years, for occupancy of a 2 bedroom unit. Entry Contribution is \$70,000 for lifetime occupancy plus a weekly service fee of \$51.50.

TABEREFTA Units offer affordable, quality retirement accommodation in a small village setting located at 8-12 Pontt Street, Tailem Bend. Services such as shopping, library, churches, community centre, sporting clubs, newsagency, hairdresser, hardware, pharmacy, hotels & restaurants, auto repairs, bus service, school, medical & hospital facilities & more are nearby in the town centre.

Applications are also invited from persons interested to put their names on the waiting list for single bedroom units and 2 bedroom units as they become available.

For more information phone: 0409 785 515 or write to Trish Berger: PO Box 389 TAILEM BEND SA 5260.

PROSTATE CANCER SUPPORT GROUP

(Murray Bridge Branch)

ALL SUPPORTERS WELCOME

Next meeting Wednesday, July 19 at 10.30 am at the RIVERSIDE HOTEL, TAILEM BEND

Guest Speaker

All welcome - men and women - bring along a friend.

Two course Seniors lunch, coffee & tea available for \$15

For more information contact Malcolm Piggott 8572 3807

Community Notice Board

SEARCH FOR NEW MEMBERS – WOMEN'S AND CHILDREN'S HEALTH NETWORK

The Women's and Children's Hospital supports people from all over South Australia, and more specifically from this/your region alone, in 2015/16, 199 patients attended the hospital as outpatients and 1019 as in patients.

The 57th Annual Regional Conference for the Auxiliaries Divisions Region 5 members, was held Tuesday, June 20. The group consists of 44 very committed members from Tintinara, Meningie, Pinnaroo, Lameroo and surrounding districts, who have raised in excess of \$15,000 for the Women's and Children's hospital over the last 2 years.

The conference was attended by members of the region, several board members, and 2 very inspirational guest speakers, Sarah and Hannah. Both ladies explained the problems their children faced and overcame, thanks to the amazing support provided by the W&C Hospital staff and the Ronald McDonald House. They also emphasized how important the assistance that is provided by Friends is to the everyday experience children face when staying at the hospital.

This year The Friends are looking to raise \$100,000 for a new Orthotics System with computer-aided design and computer-aided manufacture (CAD/CAM) which replaces some or all manual processes in the manufacture of custom-made orthoses and prostheses. Currently, 240 children per year from all around South Australia attend the Orthotics Department at the Women's and Children's hospital for the manufacture of custom-made orthoses and prostheses.

The Friends of WCH are currently looking for new members, should you wish to get involved and become a member please visit our website wchfriends.net.au. or contact the Friends office on 8161 6439.

Submitted by Jackie Lymn - Media Intern, Friends of WCH Inc

Saturday 12th August 7.30pm

Efficient Burning with your Combustion Heaters



Burning right is not only good for the environment and peoples health by reducing wood smoke pollution, it is also good for your wallet, reducing your heating costs. In winter, smoky wood heaters can produce as much air pollution as cars. Help clear the air and reduce wood smoke pollution in your community. The following tips are recommended for better burning efficiency and reducing excessive smoke:

- Burn only dry, seasoned wood. Such as logs should make a "crack" when you hit one against the other, rather than the dull thud of a freshly cut log.
- Never burn rubbish, driftwood, painted or treated wood.
- Wood should be stored under a roof to keep it dry and in a ventilated area.
- Use kindling wood, paper or firelighters to start the fire and add larger pieces of wood when a bed of red-hot coals is established.
- Keep the wood heater air vents open for 20 minutes after lighting the fire.
- Ideally use a low setting overnight or when you go out as it will smoulder. Smouldering can produce up to 10 times more smoke.
- With a little practice and care even the first few minutes after lighting the heater can be relatively smoke
- Remember to have your flue/chimney cleaned every year to prevent creosote build-up.

Rotary (Club of Tailem Bend presents MUSIC HA at Tailem Bend Town Hall **Tickets** Sun & Wed - Adults \$20 Children \$5 **Sunday Matinee 6th August 2pm** Fri & Sat - All tickets \$20 Wednesday 9th August 7.30pm **AVAILABLE FROM: Hughes Newsagency** Friday 11th August 7.30pm

OR ONLINE AT:

www.tailembendmusichall.com

Motor Sport News - Tailem Bend Auto Club



<u>ABOVE:</u> Tailem Bend Auto Club park up for their annual breakfast, membership, logbook and vehicle inspection meet, before taking off for a cruise to the Wellington Courthouse Cafe for a hot coffee, Sunday, June 18, 2017.

With club membership at only \$40 per annum, contact Michael Holliday on 0403 271 781 or email hollidaydd@lm.net.au and or Greg Black on 0427 447 211 or email gblack@fuelprice.com.au for more details.

RIGHT: Chatting at the back of Chop Power's 1949 Rat Classic, Twin SU 6/80 Wolseley, Tailem Bend Auto Club members Peter Telford of Murray Bridge, Bruce Nankivell of Meningie with Barbie Power of Tailem Bend, ready for their run to Wellington.



Check this App out!

The My Local Services App can now give local residents access to Coorong District Council information at their fingertips.

This includes waste collection dates and reminders, events and nearby facilities such as parks - very helpful.

This application also allows Council to push out notifications to residents relating to significant events or delays in services such as waste collection breakdowns.

Using the App myself I've been able to report fencing damage in Meningie, trip hazards, road damage and even tourist rubbish issues in Tailem Bend - it's a great way of communicating with our council.

A Five Stars from me.

For more information go to http://www.lga.sa.gov.au/page.aspx?u=4099

Submitted by Glenn Power

DEADLINES

ALL advertising and contributions are required by the 3rd Friday of each month.

ALL contact must be via the Editor at tailemtopics@gmail.
com or sent by mail to PO Box 278, Tailem Bend SA 5260 or
dropped into the "RED BOX" at the Tailem Bend Post Office.
ALL contributions must include your name, address, phone
number. (email address if applicable)

SUBSCRIPTIONS

\$30 per annum, to cover eleven issues, postage and handling

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Any questions regarding the disclosure statement need to be directed in writing to PO Box 278, Tailem Bend SA 5260.

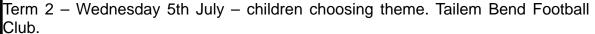


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All other enquiries for Police Assistance 131444
Report Dangerous Driving to Police Traffic Watch 131 444
Ring in Confidence SA Crime Stoppers 1800 333 000

BLUE LIGHT DISCO CALENDAR - 2017





Term 3 – Wednesday 27th September – Footy Colours Theme. Tailem Bend Town Hall.

Term 4 – Wednesday 6th December – Christmas Theme. Tailem Bend Town Hall.

All disco's run from 5 – 7 pm and are for Primary school aged children from 5 – 13 years of age.

Blue Light Discos are organised and run for the benefit of the Primary School children in our community. Our committee want the discos to be a safe and pleasant experience for all the children and expect the children to be respectful of each other, as well as the Supervisors for the evening.

REMINDER: On arrival - All parents and carers are asked to please bring their child/children into the disco venue. On departure - All Parents and Carers must come into the venue and notify the volunteer on door duty of the child/children they are picking up. This is for your/their own safety and protection.

SAPOL DISCLAIMER

Disclaimer: This publication has been prepared as a public service initiative and while every care has been taken in its preparation no warranty is given nor representation, either express or implied, made regarding the accuracy, currency or fitness for purpose of the information, advice provided and no liability or responsibility is accepted by the State of South Australia, its instrumentalities, South Australia Police (their agents, officers and employees) and Neighbourhood Watch SA (Neighbourhood Watch Volunteers Association of SA Inc.) for any loss suffered by any person in consequence of any use of and reliance placed by any person upon the said information or advice.



NEIGHBOURHOOD WATCH

TAILEM BEND AREA 484

Next meeting - Monday, July 10, 2017 7.30pm Tailem Bend Community Centre

Guest speakers attend some meetings.

Road Safety Tip: Be Alert! Accidents Hurt! Stop Accidents before they Stop you!



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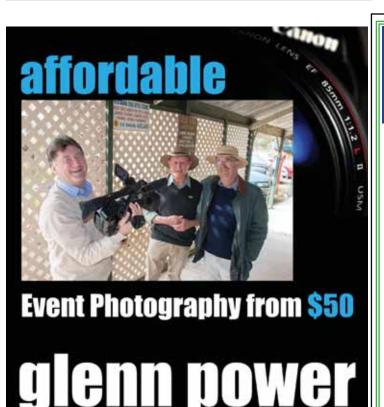
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